

A TESS view of dwarf nova superoutbursts

Yusuke Tambo (SAAO/UCT, ZA)

N. Kojiguchi (Kyoto U.), on behalf of the VSNET collaboration



Dwarf novae and superhumps

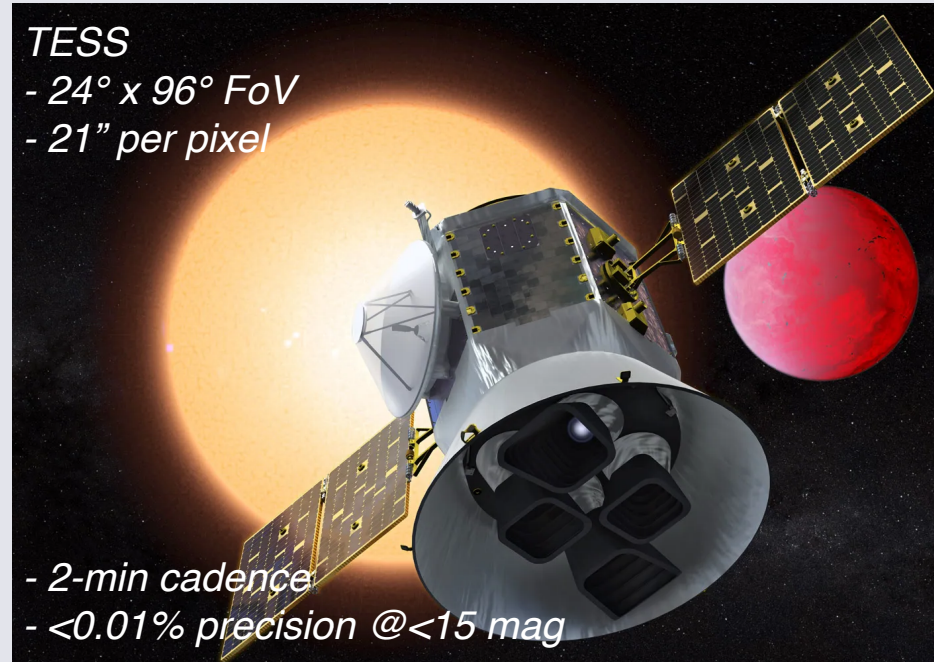
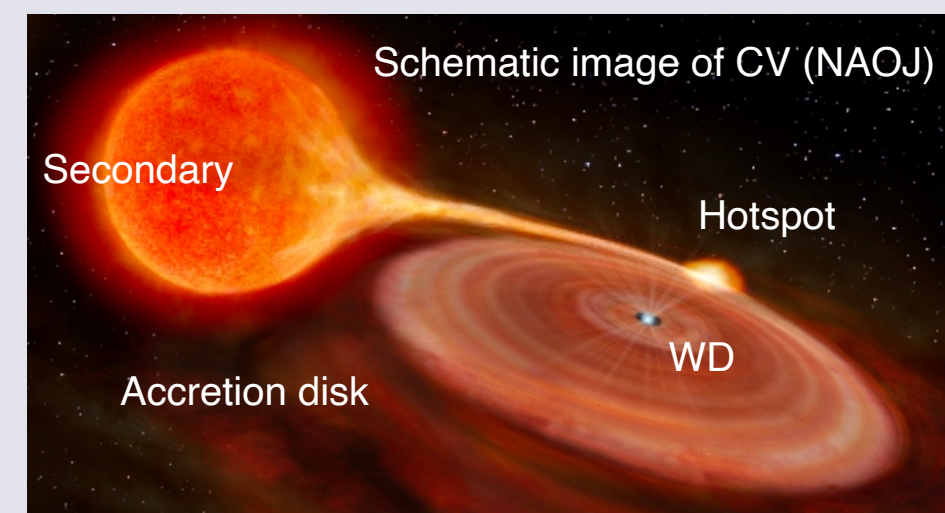
Cataclysmic variables (CVs)

- White dwarf + secondary + **accretion disk**
- Simple & bright laboratory of accretion.
- Outbursts explained by disk thermal instability.

WZ Sge-type dwarf novae (e.g., YT+26b)

- The most evolved population in CVs.
- A large-amplitude (>6 mag) outburst.
- **An outburst once in a decade or longer.**
- A deformed disk produces small modulations. (superhumps; ~0.1 mag & ~90 min; Kato+09)
- Kepler detected one WZ Sge star in outburst, only with 30-min cadence (Ridden-harper+19).
- The early phase of their outbursts is **poorly understood due to unpredictable & fast (<2 d) rise to the outburst maximum.**

Could the TESS's large FoV (24°x96°) and fast cadence (2-min) provide new insights?

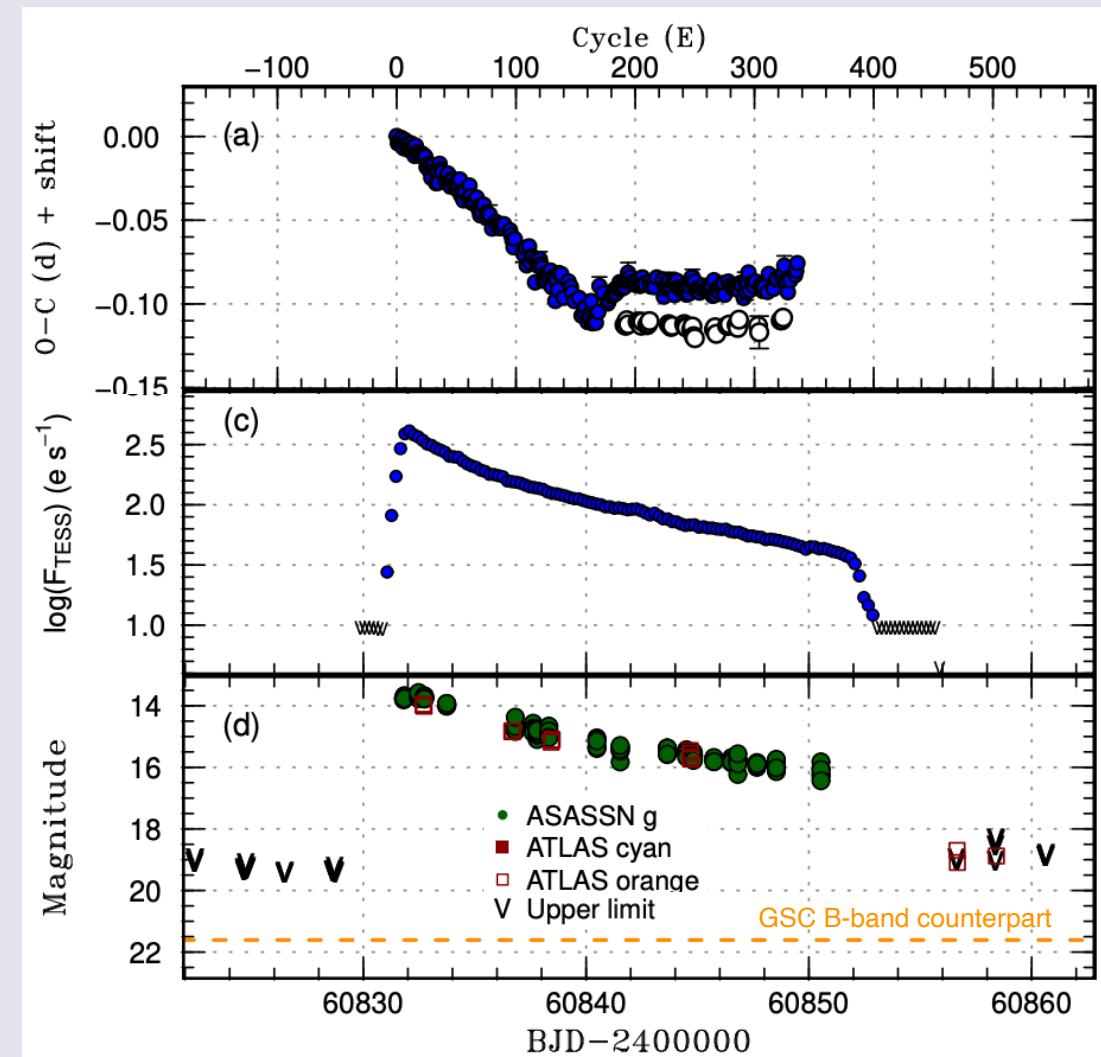


Outbursting WZ Sge in TESS

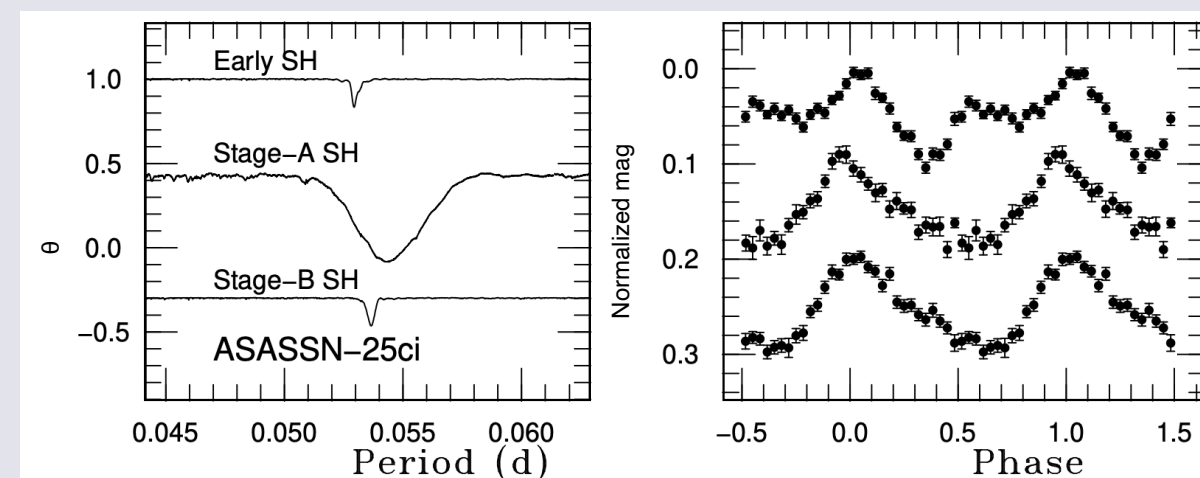
1. Crossmatch WZ Sge stars in the VSX catalog and TESS full-frame images.
2. Background subtraction and photometry with TESSreduce package (Ridden-Harper+21).
3. Smoothing light curve by LOWESS, period determination by PDM, and O-C of superhumps.

Seven WZ Sge stars in outburst (YT+25,26a).

- Superhumps are clearly present in all systems.
- Orbital period & mass ratio determined for all systems with some candidate period bouncers.



↑ (top) O-C diagram of superhump maxima. (middle) TESS light curve. (bottom) ASASSN & ATLAS data. ↓ (left) PDM results of different superhump stages. (right) averaged superhump profiles.



Discussion #1; broken rise

Four outbursts are observed from the rise.

Outburst rise timescale is 0.1 – 0.3 d/mag.

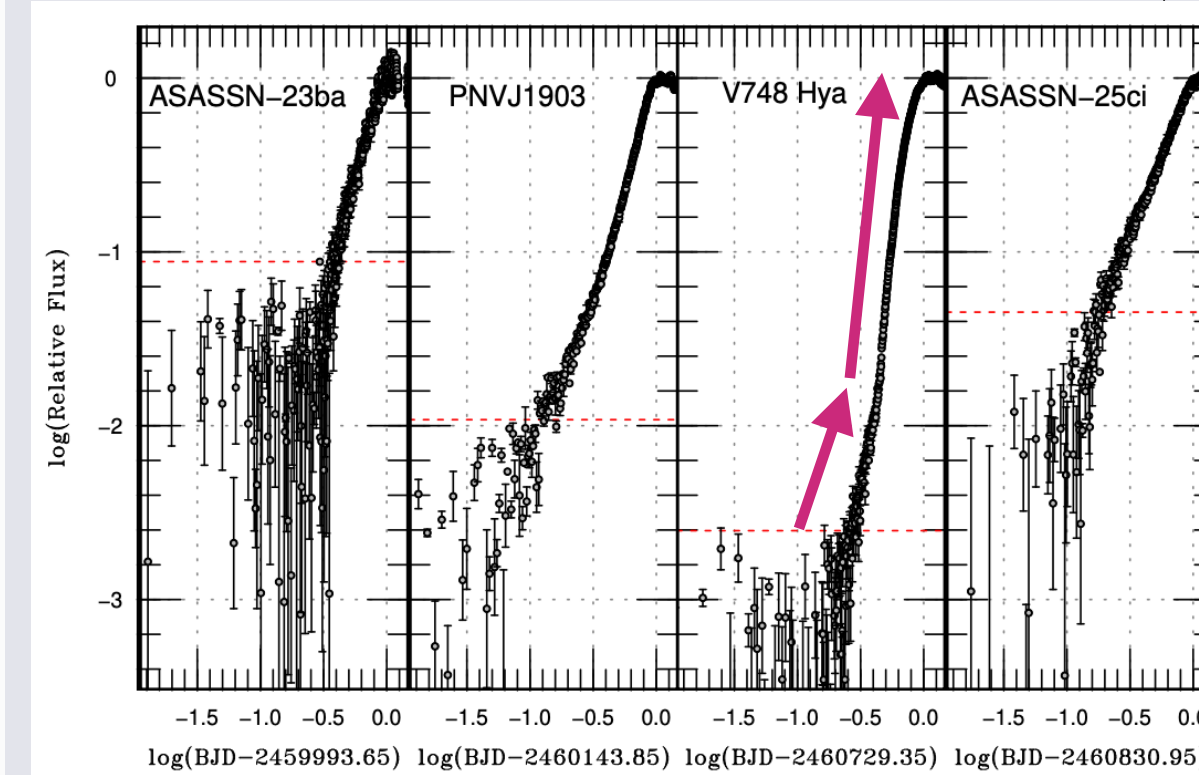
: consistent with an outside-in outburst (the outer disk first triggers an outburst).

Rise is approximated as a powerlaw in flux scale.

: **Broken powerlaw in V748 Hya & PNV J1903.**

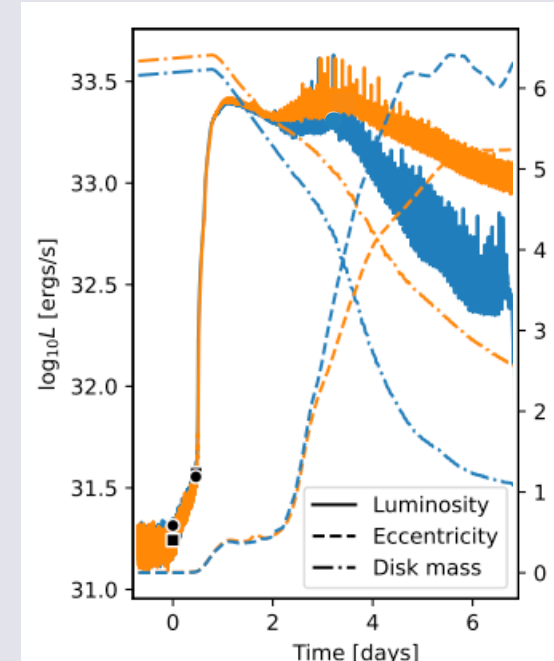
Similar behavior seen in simulated light curve.

: We interpret this as **witnessing the start of propagation of the heating wave in a disk.**



↑ TESS light curves around outburst rise. Y-axis is scaled to the outburst maximum. Red horizontal lines represent the averaged upper limits before an outburst.

→ Simulated dwarf nova outburst in Jordan+24. Black dots represent the epochs when the outer disk transitions to outburst state and when the heating wave starts to propagate into the inner disk.



Discussion #2; no hump in rise

An outburst in WZ Sge stars is purely a disk phenomenon (outburst from a $\approx 10^{24}$ g disk) or requires a mass transfer burst (MTB; $> 10^{18}$ g s $^{-1}$ to transfer $\approx 10^{24}$ g in <10 days) from the secondary? : **MTB must enhance the hotspot luminosity & will be observed as a large orbital modulation.**

We detect double-peaked hump from the deformed disk, but **no orbital modulation are present** around the outburst rise & maximum.

In V748 Hya, with its Gaia distance at ~280 pc, inclination ~60°, and assuming 10,000-K blackbody SED, **non-detection of orbital humps constrains an upper limit of the mass-transfer rate in outburst.**

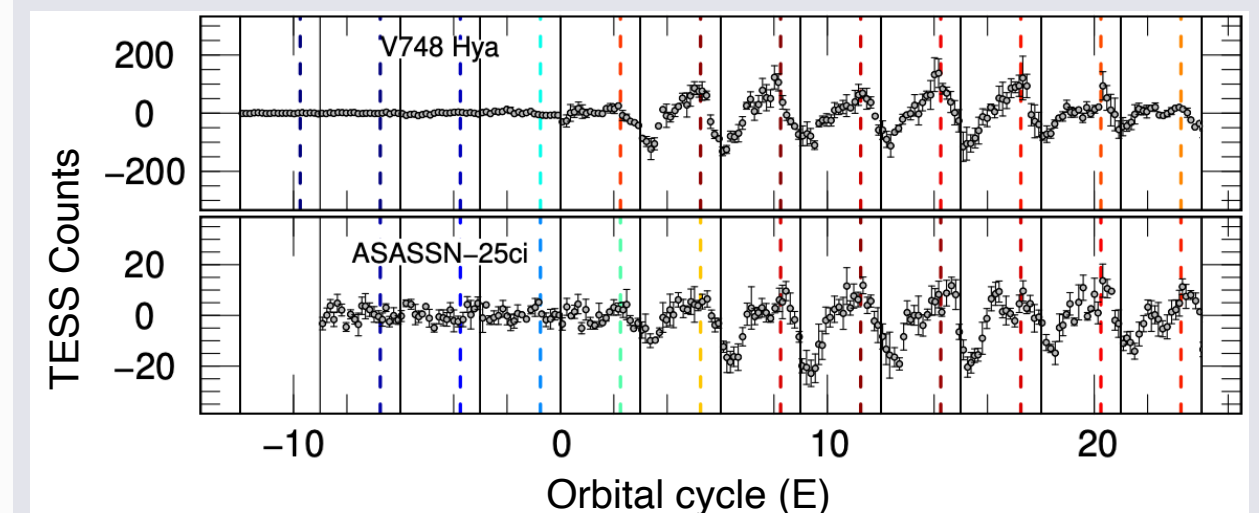
$$L_{\text{hot spot}} \approx 1.0 \times \frac{\dot{M}_{\text{tr}}}{10^{15} \text{ g s}^{-1}} \times 10^{30} \text{ erg s}^{-1} \text{ (Smak 02)}$$

Upper limit of the hump amplitude $< 10^{31}$ erg s $^{-1}$

→ mass-transfer rate $< 10^{16}$ g s $^{-1}$

• This is $< \times 10$ from quiescence ($\approx 10^{15}$ g s $^{-1}$) even if MTB occurs.

• **Too low for the values required in the MTB models.** (e.g., Hameury+97)



↑ Smoothed light curve of V748 Hya and ASASSN-25ci around outburst rise & maximum. Humps after E=0 are due to disk deformation. Presented humps are averaged for three cycles.

Reference

Hameury et al 1997, MNRAS, 287-4
Jordan et al 2024, A&A, 689-A354

Kato et al 2009, PASJ, 61-sp2
Ridden-Harper et al 2019, MNRAS, 490-4
Ridden-Harper et al 2021, arXiv:2111.15006
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Tambo et al 2026a, MNRAS, 545-2
Tambo 2026b, PoS, 493
Ack.; NRF-SAAO/UCT/VSNET/TESS